

Mercury Surgery Center, LLC
901 Heartland Road
Plaza 2 Suite 1820
St. Joseph, Mo. 64506
816-364-2772

Discharge Instructions for Prostate Surgery

1. The medicine used for your anesthesia or sedation may delay reflexes and reduce reaction time; therefore, for the next 24 hours:
 - a. No driving or operating machinery
 - b. No strenuous activity
 - c. No alcohol
 - d. Take it easy today
2. Irrigate catheter as directed if catheter becomes clotted.
3. No lifting, pushing, or pulling more than 5-10 pounds for 4 weeks. You may climb stairs, one at a time.
4. Drink plenty of fluids.
5. Call for temperature over 101.
6. May remove TED hose tomorrow.
7. Catheter care as instructed at least 2 times daily.
8. Diet as tolerated.
9. You may experience nausea or vomiting. If persistent, call your doctor.
10. Foley catheter irrigation:
 - a. Symptoms—abdominal pain, bladder spasms, no urine, the need to urinate
 - b. Collect supplies: emesis basin x2, syringe, sterile water, towels
 - c. Wash hands before and after irrigation
 - d. Fill syringe with sterile water
 - e. Disconnect catheter from tubing to catheter bag
 - f. Insert syringe into catheter and inject water
 - g. For clots-pull back on syringe, irrigate until clots clear and fluid drains easily.
 - h. Reconnect tubing
11. Foley catheter care
 - a. Cleanse around catheter with soapy water 2-3 times a day. Cleanse bag daily with soapy water
 - b. Wash hands before and after emptying catheter bag
 - c. Keep catheter bag lower than the abdomen
 - d. May shower with catheter in place
12. If you have any problems or questions notify your doctor at:
Phoenix Urology 816-232-8877
Mercury Surgery Center, LLC. 816-364-2772

13. Your appointment: _____

14. Home health Agency: _____

15. Specific instructions: _____

16. Prescriptions: _____

I have read and understand the following instructions:

Patient

Nurse's Signature

Date

Responsible Person