

Mercury Surgery Center, LLC.
901 Heartland Road
Plaza 2 Suite 1820
St. Joseph, Mo. 64506
816-364-2772

Discharge Instructions for Cystoscopy, Pyelogram, and Stent Placement

1. The medicine used for your anesthesia or sedation may delay reflexes and reduce reaction time; therefore, for the next 24 hours:
 - a. No driving or operating machinery
 - b. No strenuous activity
 - c. No alcohol
 - d. Take it easy today
 - e. You may experience nausea or vomiting, if persistent, call your doctor
2. Activities Encouraged:
 - a. There are no restrictions on your diet.
 - b. Drink at least one large glass of liquid each hour during the day.
 - c. Take a warm tub bath unless you have a catheter in place or apply a heating pad to your abdomen for pain relief and promotion of muscle relaxation.
3. Normal reactions following the procedure:
 - a. Pink tinged urine.
 - b. There may be a full bladder sensation.
 - c. Burning with urination.
 - d. Frequent urination.
 - e. Low back discomfort.
 - f. Chills
 - g. Temperature elevation up to 101 degrees F (orally)
4. Stent Placement:
 - a. A ureteral stent has been placed inside your urinary tract to prevent any stone fragments from obstructing the ureter and/or following surgery in the ureter.
 - b. The stent may cause the following symptoms which are **Normal**:
 - 1. Blood in the urine**
 - 2. A mild degree of nausea**
 - 3. A need to urinate more frequently**
 - 4. On rare occasions some flank discomfort may also be worsened at times of urination**
5. Notify your doctor if:
 - a. Your urine becomes bright red
 - b. You develop a temperature of 101 degrees F (orally)
 - c. You are unable to urinate for longer than 6-8 hours
 - d. You experience persistent abdominal pain
6. If you have any problems or questions notify your doctor at:
Phoenix Urology 816-232-8877
Mercury Surgery Center, LLC 816-364-2772

Your appointment: _____

Specific instructions: _____

Prescriptions (take as directed): _____

I have read and understand the above instructions:

Patient

Nurse's Signature

Date

Responsible Person