

POST-OPERATIVE INSTRUCTIONS FOR P-V SLING

1. May remove TED hose when up and about.
2. After packing is removed you may begin sitz baths.
3. May use stool softeners as needed.
4. No pushing, pulling or lifting over 5lbs. for 6 weeks.
5. No tub baths until incisions are healed.
6. May shower after packing is removed.
7. Steri-strips will loosen and fall off by themselves-usually in 7-10 days.
8. Drink plenty of fluids.
9. Call for temperature above 101°F.
10. Call for problems or concerns (816) 232-8877
(816) 364-2772

FOLEY CATHETER CARE:

1. Cleanse around catheter with soapy water 2-3 times a day.
2. Wash hands before and after emptying catheter bag.
3. Keep catheter bag lower than your abdomen.
4. May shower with catheter in place.

INCISION CARE:

1. No pushing, pulling or lifting for 6 weeks post-op.
2. May shower.
3. No diet restrictions.
4. No driving until after first doctor's visit-then usually ok.
5. May climb stairs slowly if necessary
6. May walk as much as tolerated.
7. Call for temperature, redness, swelling or drainage.