

PHOENIX UROLOGY

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You have been schedule for the following: **Transrectal ultrasound and biopsy of the prostate. Date and Time:** _____

Description of Procedure: Ultrasound uses harmless sound waves to give us pictures of the prostate and allows us to accurately guide a biopsy needle to areas of concern. Indications for prostate biopsy include suspicion of cancer either by suspicious finger exam of the prostate or by evaluation of prostate screening blood test (PSA). The procedure is done in the office without need of anesthesia. Initially, a complete finger exam is done. Next, the ultrasound probe (finger-like in size and shape), is placed into the rectum. With slight movement of the probe, many different views are obtained. When areas of suspicion are seen, biopsies will be taken. A spring loaded fine needle is placed through the probe and pointed directly at the lesion (12 biopsies are usually taken). These biopsies are usually not painful. The entire exam takes 10-15 minutes; however, wait times may extend your visit. You may have some soreness around the rectum.

Possible Risks: You may notice blood in the urine and stool for a few days and in the semen for up to a month. Infection of the prostate or in the urine can occur even with antibiotic preparation. You should call if you develop fever, chills, severe pain, or have continuous or significant bleeding.

Preparation: **Please notify your doctor or nurse if you take any blood thinners (Coumadin, Ticlid, Pletal, Plavix), aspirin, or any medications containing aspirin (Ibuprofen, Motrin, Advil). These will increase your bleeding risk. These medications need to be stopped on: _____.

**Take all of your other daily medications as scheduled.

**No dietary restrictions on the day of the procedure.

**A Fleets enema needs to be taken two hours before the procedure. You can buy this at any drug store and follow instructions on the package.

**We will supply you with a prescription for an antibiotic. Take one pill one (1) hour before the procedure and one pill every twelve (12) hours until gone.

Follow Up Instructions: We will call you with the biopsy results as soon as we receive them. If you have not heard from us in 7 working days, then call us to get a status report.